



## Seven Basic ASL Hand Shapes



**Open Hand/ Open Five Hand:** the hand is open with fingers spread apart. EXAMPLES: Mom, Dad, Colors



**Flat Hand/ Closed Five Hand:** the hand is open; all fingers and thumb extended but held close together. EXAMPLES: Full, Yours, Mine



**Bent Hand/ Bent Five Hand:** Using a Closed Five hand, bend the fingers forward. EXAMPLES: Night, Soap, Again



**Curved Hand/ Curved Five Hand:** a Flat Hand with the fingers and thumb curved forward. EXAMPLES: Cup, the letter C, Explore



**“And” Hand/ Flat O Hand:** Use the Bent Hand but move the thumb under the fingertips. EXAMPLES: Eat, Food, More



**Claw Hand:** Spread and bend the fingers on an Open Five hand. EXAMPLES: Bear, Cookie, Ball



**“One” Hand:** make a fist and point up with the index finger. EXAMPLES: Up, Down, You, Me